

HONG KONG COLLEGE OF PHYSICIANS
RECORD OF HIGHER PHYSICIAN TRAINING

Geriatric Training Log Sheet

To be completed by Trainee

TRAINEE: _____

Hospital: _____

PERIOD OF TRAINING: From ____ / ____ / ____ to ____ / ____ / ____
(DD/MM /YY) (DD / MM /YY)

Trainer: _____

Title: _____

Remarks:

The procedures listed in the log sheet have to be supervised by trainers of Geriatric Medicine. It is an honor system; the trainee has to write down the name of trainers who supervise the procedures, no need for signature.

Comprehensive Geriatric Assessment

		Brief Notes
1. Case Number (HN/OPD/GDH) Supervisor	Social Assessment	
	Cognitive Assessment	
	Mood Assessment	
	Physical Function	
	Problem list and Action plan	
2. Case Number (HN/OPD/GDH) Supervisor	Social Assessment	
	Cognitive Assessment	
	Mood Assessment	
	Physical Function	
	Problem list and Action plan	
3. Case Number (HN/OPD/GDH) Supervisor	Social Assessment	
	Cognitive Assessment	
	Mood Assessment	
	Physical Function	
	Problem list and Action plan	
4. Case Number (HN/OPD/GDH) Supervisor	Social Assessment	
	Cognitive Assessment	
	Mood Assessment	
	Physical Function	
	Problem list and Action plan	
5. Case Number (HN/OPD/GDH) Supervisor	Social Assessment	
	Cognitive Assessment	
	Mood Assessment	
	Physical Function	
	Problem list and Action plan	

Frailty			
Assessment & Clinical Application	Case Number (HN/OPD/GDH)	Brief Notes	Supervisor
	1		
	2		
	3		
	4		
	5		

Dementia			
Management of Newly Diagnosed Dementia Patients	Case Number (HN/OPD/GDH)	Brief Notes	Supervisor
	1		
	2		
	3		
	4		
	5		
BPSD Assessment and Management	1		
	2		
	3		
	4		
	5		
Assessment of Mental Capacity	1		
	2		
	3		
	4		
	5		

FALL			
	Case Number (HN/OPD/GDH)	Brief Notes	Supervisor
Multifactorial assessment and management	1		
	2		
	3		
	4		
	5		
Application of Gait and Balance Assessment Tool	1		
	2		
	3		
	4		
	5		
Selection of Walking Aids	1		
	2		
	3		

Urinary Problem			
	Case Number (HN/OPD/GDH)	Brief Notes	Supervisor
Urinary Incontinence and related symptoms	1		
	2		
	3		
	4		
	5		
Urinary Retention	1		
	2		
	3		
	4		
	5		
Urodynamic Study	1		
	2		
	3		

Syncope			
	Case Number (HN/OPD/GDH)	Brief Notes	Supervisor
Assessment and Management	1		
	2		
	3		
	4		
	5		
Tilt Table Test	1		

Nutrition in Elderly			
	Case Number (HN/OPD/GDH)	Brief Notes	Supervisor
Refusal to eat / Weight Loss / Malnourishment	1		
	2		
	3		
	4		
	5		
Sarcopenia Assessment and Management	1		
	2		
	3		
	4		
	5		
Decision on Mode of Feeding for Advanced Dementia Patients	1		
	2		
	3		
	4		
	5		
Bedside Swallowing Assessment	1		
	2		
	3		
Management of Tube Feeding Problems	1		
	2		
	3		
FEES / VFSS (Optional)	1		
	2		
	3		

Geriatric Brain Health

	Case Number (HN/OPD/GDH)	Brief Notes	Supervisor
Parkinson's disease / Parkinson Plus Syndrome	1		
	2		
	3		
	4		
	5		
Acute Stroke	1		
	2		
	3		
	4		
	5		
Delirium	1		
	2		
	3		
	4		
	5		
Depression	1		
	2		
	3		
	4		
	5		

Spasticity

	Case Number (HN/OPD/GDH)	Brief Notes	Supervisor
Assessment and Management	1		
	2		
Injection Therapy (Optional)	1		
	2		
	3		

Musculoskeletal Pain

Musculoskeletal Pain			
	Case Number (HN/OPD/GDH)	Brief Notes	Supervisor
Assessment and Management	1		
	2		
	3		
Injection Therapy (Optional)	1		
	2		
	3		

Bone Health

Bone Health			
	Case Number (HN/OPD/GDH)	Brief Notes	Supervisor
Application of Risk Assessment Tool on Fragility Fracture	1		
	2		
	3		
	4		
	5		
Management of Osteoporosis	1		
	2		
	3		
	4		
	5		
DEXA Scan Interpretation	1		
	2		
	3		

Ethical			
	Case Number (HN/OPD/GDH)	Brief Notes	Supervisor
Suspected Elder Abuse	1		
	2		
	3		
MDCC on Suspected Elder Abuse (Optional)	1		
	2		
	3		
Guardianship application (Optional)	1		
	2		
	3		

Pressure Injury			
	Case Number (HN/OPD/GDH)	Brief Notes	Supervisor
Overall Management and Wound Care	1		
	2		
	3		
	4		
	5		

End of Life Care			
	Case Number (HN/OPD/GDH)	Brief Notes	Supervisor
EOL Care of Dying Elderly Patients	1		
	2		
	3		
	4		
	5		
Advance Care Planning (ACP)	1		
	2		
	3		
	4		
	5		

Community Geriatrics

	Case Number (HN/OPD/GDH)	Brief Notes	Supervisor
Home visit	1		
	2		
	3		
	4		
	5		
	6		
	7		
	8		
	9		
	10		
Infirmiry assessment	1		
	2		
	3		
	4		
	5		

Summary

Date of IA/EA	Geriatric Core Training Completed (Months)	Mandatory Clinical Procedures (Total = 144)	Optional Clinical Procedures (Total = 15)
Total			